

GAP YEAR

SNOWBOARD INSTRUCTOR TRAINING















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All information contained within this brochure is correct at the time of printing. Details may be subject to change without prior notice



It may have been a more efficient use of space to tell you what's not included! Everything opposite is included in your gap year snowboard instructor training course with Interski. We don't hide anything or spring any nasty surprises on you.

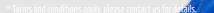
£7,999 **FULLY INCLUSIVE**



on completion of the course*

WHAT'S **INCLUDED?**

10 week course • Up to 4 weeks work on successful completion of the course* • 10 days technical training prior to BASI level 1 course • BASI level 1 course • BASI level 2 course • BASI manuals & course materials • BASI child protection module • BASI associate membership fee and full membership upgrade • 2 day first aid course • Video analysis for personal performance • 120 hours training • Full winter sports insurance • Half-board accommodation • Transfer from geneva to resort • Snack lunch vouchers to use in our partner restaurants on the mountain, 7 days a week • Season lift pass • Ski-tech familiarisation session • Access to servicing equipment • Interski discount card, offering reductions in numerous shops • Dedicated course mentor • A fantastic lifetime experience • Outbound flight to Geneva from the UK • Scott Mid Layer Jacket









THE COURSE PROGRAMME

WEEKS 1 AND 2 - FAMILIARISATION & TRAINING

On your arrival in resort the whole team will meet up and go for lunch/dinner together! This will allow you the chance to relax and get to know everyone on the course.

During the first week's riding you will have performance training Monday to Friday. The first week is a gentle introduction to help you acclimatise to your new surroundings and help you find your legs again.

Week 2 will be a 5 day personal performance course. This is designed to be more intense than the first week and will introduce you to the BASI system. Areas covered include: the central theme, fundamental elements and we'll also cover piste performance, steeps, bumps and off piste.

WEEK 3 - BASI L1 SNOWBOARD INSTRUCTOR COURSE

This is a 5 day training and assessment course delivered by a BASI Trainer. Together with your First Aid Course and 35 hours snowsport school experience, this qualifies you to teach snowboarding on an artificial or indoor snow slope in the UK.

WEEKS 4-8 - PERFORMANCE TRAINING & SHADOWING

The following 5 weeks are spent concentrating on your all-round riding performance and shadowing BASI qualified instructors in the Interski Snowsport School.

WEEKS 9-10 - BASI L2 SNOWBOARD INSTRUCTOR COURSE

A ten day continual training and assessment course led by a BASI Trainer. This is your chance to demonstrate all the news skills you have learnt and that you have the necessary ability to be a BASI L2 Snowboard instructor!

Celebration time at Aosta's most popular Chinese restaurant, The Bambu. A superb venue and a great way to finish off the course.

WEEKS 11-14 - TEACHING FOR THE INTERSKI SNOWSPORT SCHOOL

Providing you have shown the right attributes, we are in a position to offer you up to 4 weeks work with the Interski snowsport school!* This is a unique selling point of our programme and we aren't aware of another gap year provider able to offer this as part of their package.

^{*} Terms and conditions apply, please contact us for details.





WHY INTERSKI?

With so many providers on the market, choosing the right gap year instructor training course is not an easy task. So why choose Interski? What makes Interski better than the rest?

From accommodation to lift pass, from meals to training, our gap course is fully inclusive with no hidden charges or nasty surprises. We have over 35+ years experience in the Aosta Valley, and we are a privately owned company. We have been running gap courses for 18winters and each year our package gets better and better!

The most unique selling point we have over our competitors is that we are the only gap year provider that can guarantee up to 4 week's teaching work on completion of the course*. Other gap year providers are in constant contact with the Interski Snowsport School asking for us to take their successful candidates, because they can't provide!

We are financially sound, ABTA bonded and an ATOL holder. How many other gap year providers can offer you this level of financial protection? What else makes us different? We have the largest British Snowsport School in the world! We employ over 800 instructors on a part time basis over the winter, you are provided with a Mountain Equipment & Salomon uniform. The Interski Snowsports School provides you with the best shadowing environment throughout your course that you could ever wish for. This helps further solidify your training and learning environment.

The training team is dedicated and relentless in their efforts to get you to the required level.

^{*} terms and conditions apply



TECHNICAL TRAINING

Technical training programme will be overseen by the Interski Snowsports Training Manager, Andy McIntosh. Andy is a BASI L4 qualified Alpine Ski Teacher with Eurotest and French Equivalence, BEES 1^{er} degré.

Training throughout the course covers all the necessary areas required; piste performance, bumps, variables and steeps. We endeavour to make sure everyone is relaxed, comfortable and having fun so that we can get the best performance from our candidates.

The technical training starts with 10 days training prior to the BASI snowboard L1. The training throughout the course will cover all the necessary technical assessment areas. You will also receive video feedback on your technical performance (either on the mountain or in the evening). You will also have the opportunity to shadow in the largest British Snowsport School in the Alps. Your shadowing will happen from week 4 through to week 8. This is an excellent opportunity to continue to develop your understanding and also practise the BASI Central Theme, a technical assessment area on the BASI Alpine

The training weeks are excellent fun, physically tiring and very rewarding. We work exceptionally hard to meet your commitment to us - we want to achieve a 100% pass rate!



AOSTA/PILA



Where else can you go boarding and view the Matterhorn and Mont Blanc from the exact same spot? Our gap course is based in Aosta / Pila - Aosta is the old Roman town on the valley floor and Pila is the ski area, nestled high up at 1800m, and is accessed via a short gondola ride

THE TOWN

The regional capital, set in the heart of the Aosta Valley, is crammed full of history. It boasts monuments, prestigious buildings and the highest concentration of Roman ruins outside of Rome. Aosta is a vibrant cosmopolitan town, bustling with bars and restaurants, providing a perfect combination of culture and winter sports.

APRES-SKI & NIGHTLIFE

The après-ski and nightlife are amongst the best in the alps. From the lively Gekoo Bar with its in-house gondola and chairlift seating, to the infamous Old Distillery with its beach parties, barrel dancing and friendly bar staff.

THE SKI AREA

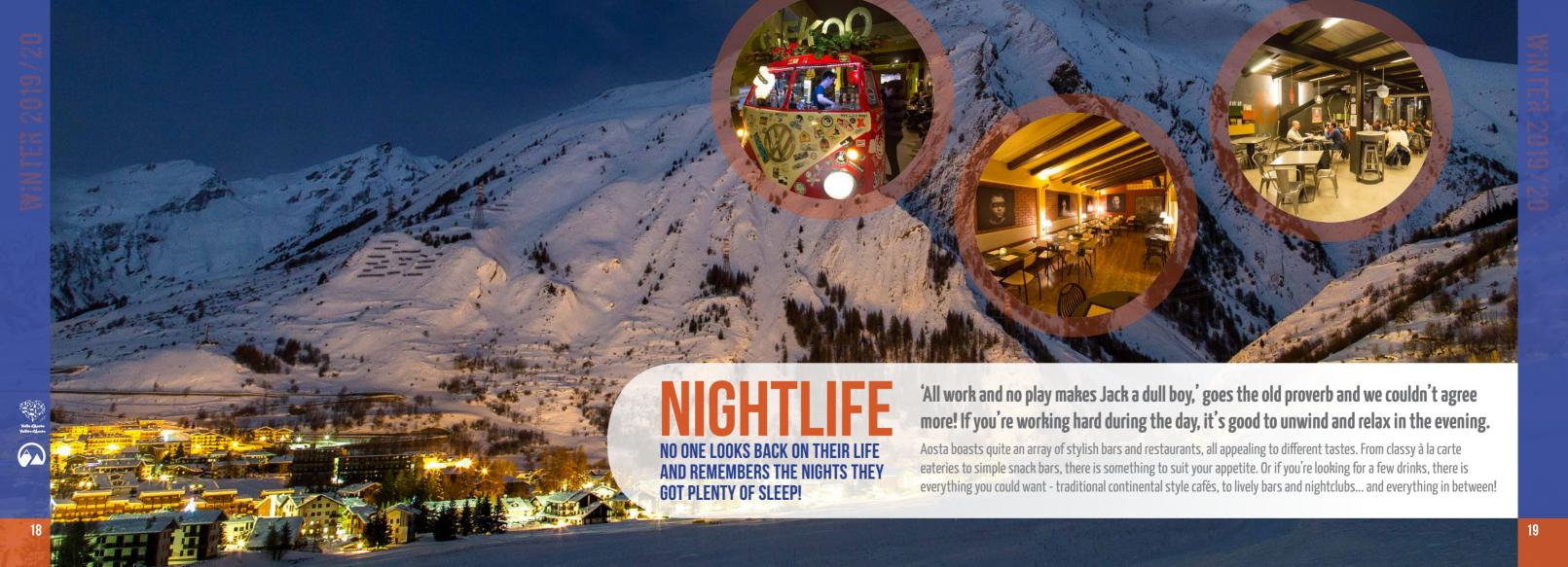
With 70kms of perfectly maintained pistes accessed by modern state-of-the-art lift installations and serviced by an efficient system of programmed snow cannons, Pila provides the perfect alpine environment for teaching and learning.

Challenges such as The Wall, endless off-piste potential from the Couis 1 chair and the ever expanding fun park mean variety is key. Combined with the beginners' paradise known as the Grimod bowl, the area offers everything you need for both learning to teach and improving your personal performance.









EMPLOYMENT

ON SUCCESSFUL COMPLETION OF THE COURSE

Want to work after the course and put all your new skills into practice? We thought so too! We are the only gap year provider to be able to offer up to 4 weeks work on successful completion of your course*.

We are able to do this as a result of a combination of factors. Interski operates in the Aosta Valley, an autonomous region within Italy. The regional laws allow for BASI L2 snowboard instructors to work for up to 45 days per winter season. You are unable to work in France with a BASI L2 snowboard instructor qualification. This is why many of our competitors ask if we can provide their students with work!

In addition, Interski has its very own Snowsports School, the largest British Snowsports School in the world. We employ up to 800 instructors over the duration of the winter, all of whom are provided with Mountain Equipment and Salomon uniform. As a result, we are in a very strong position to offer you work.

Having our own Snowsports School also allows you the perfect environment to accumulate your shadowing hours. We have a wide variety of ages and abilities attending our Snowsports School enabling you to gain as much experience as necessary. The instructors we employ are from a variety of ages and experiences too, further adding to your overall learning environment.

FINANCIAL PROTECTION

We understand that this is a massive financial commitment and you are looking for security. No problem. We have been around for 35/+ years and we're not going anywhere fast, anytime soon. We're privately owned and financially secure, our record is impeccable.

We are fully ABTA bonded and an ATOL holder. Can all our competitors offer this same level of financial protection? We'll let vou find out...



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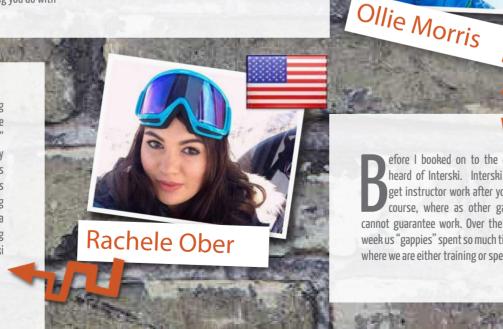


nterski have been so supportive throughout the whole course, whether that was sorting out personal problems, organising meals, day trips. or transport. Most credit must go to course leader Andy McIntosh for all the hard work that he does to support the group. The amount of time. effort and experience he brings to the course and each and every individual is first class. We learnt so much from him as our trainer, including his awful iokes! We quickly discovered how little we knew but with his help and the support of Interski we were stretched towards attaining our ultimate goal of becoming a Level 2 Ski Instructor. One of the most valuable experiences is the shadowing you do with

qualified instructors. This gives you the chance to see theory put into practice and provides the opportunity to develop a whole range of technical and interpersonal skills. From the start to the finish of the course I have had a smile on my face. I have met and befriended so many different people, from all walks of life. The camaraderie and bonds that developed have been incredible and will result in some lifelong friendships. In thirteen weeks I have developed technical skills, gained qualifications. made friends, built experience, laughed a lot, partied frequently, learnt about myself and had the experience of a lifetime. Roll on next season!!

heard about taking a course to become a ski instructor through a friend, but wasn't sure which company would be the best opportunity for me. I read about Interski on the internet and I can now say that I am very glad I chose Interski! Not only did I achieve my Level 1 and 2 BASI qualifications. I also had such a fantastic time. I met some great people, and most of all I enjoyed every part of the skiing, from the bumps in Courmayeur to the off-piste skiing in Pila. The course is carefully divided into training days and shadowing days, which were taught by Andy McIntosh. Andy helped

me improve my skiing tremendously by giving constant feedback, verbally and by reviewing the videos. On other training days we "shadowed" experienced instructors for a week. I was very fortunate to shadow a group of special needs children for a week, and watching them progress throughout the week was the most rewarding thing! Interski has definitely helped make me a more confident person and made me love skiing even more! I would definitely recommend Interski to anyone who wants to get their qualifications!



s a guy that come from Israel I've never heard of Interski before I wanted to become a ski instructor for a long time. made a little research on the BASI website and Interski looked like the most inviting option. One of the best things with Interski is the fact that you can actually teach with Interski ski school after completing the course. Also when you choose Interski as a gap year course everything is included! Even things that did not supposed to be included like helping me with finding medical help when I

was ill. One of the things that I was most impressed from Interski is the manners' when I first arrived and I did not know anyone all of the staff were so kind and helpful! The difference between how I ski before the course and now is enormous! Thanks to the training with Andy McIntosh I've improved my skiing much more then what I've expected I made so many friends during this course and I can't wait to come back next year to work for Interski, I will never forget this experience.

efore I booked on to the course I hadn't heard of Interski. Interski guarantee you get instructor work after you complete the course, where as other gap course they cannot guarantee work. Over the course of nine week us "gappies" spent so much time on the snow where we are either training or spending time with

instructors, shadowing them so we get an idea of what to do when we pass. As well as spending time on the snow you do also have some down time of an evening where there might be something on. I can't thank Interski enough for everything and especially Andy Mac.





FREQUENTLY ASKED QUESTIONS

HOW CAN YOU OFFER THE COURSE SO MUCH CHEAPER THAN THE OTHER GAP COMPANIES?

We are the biggest UK tour operator in the Aosta Valley. We pass on to you the benefit of our bulk purchasing power and existing infrastructure in resort. It's in our interest to invest in the next generation of snowsport instructors.

IS YOUR TRAINING DELIVERED BY L4 ISTD SKI INSTRUCTORS?

Yes, our programme will be delivered by a BASI L4 ISTD ski instructors.

ARE YOU A BASI EUROPEAN BUSINESS PARTNER?

Yes, we are one of a select group of companies to be granted this status by BASI.

DOES THE PACKAGE INCLUDE FOOD?

Breakfast, snack lunch and evening meals are all included on each and every day of your course.

WHAT ARE THE ROOMING ARRANGEMENTS IN THE HOTEL?

The Hotel Norden Palace accommodates up to 3 to a room with private en-suite facilities. Single rooms are available at an extra cost. Please contact us for details.

IS THERE A REQUIRED LEVEL FOR THIS COURSE?

Whilst we do not specify a minimum ability level for the course, BASI recommend 10 weeks snowboarding experience before attending an Alpine L1 Instructor Course.

WHERE ARE THE SHADOWING HOURS COMPLETED?

With the largest British Snowsport School in the Alps, the Interski Snowsport School.

DO YOU INCLUDE WINTER SPORTS INSURANCE?

Yes, insurance is included, and is provided by Fogg Travel Insurance, one of the market leaders in winter sports insurance. Insurance is NOT included for non-UK residents.

DO I HAVE ANY TIME OFF DURING THE COURSE?

We schedule every Sunday as a day off. All other days will be scheduled for either training or shadowing.

HOW FIT DO I NEED TO BE TO COME ONTO THE COURSE?

Whilst you do not need to be an Olympic athlete, we do expect you to be able to snowboard 6 days a week for around 7 hours per day.

IS EVERYTHING INCLUDED?

Yes! All you have to bring is spending money!

HOW LONG HAVE YOU BEEN DELIVERING GAP YEAR PROGRAMMES?

This will be our 18th year and we just keep getting better and better!

IS A SEASON LIFT PASS INCLUDED?

Yes a full season lift pass for Pila is included.

HOW DO I CONFIRM MY PLACE?

Simply call the UK office on 01623 456333 and we can take a deposit payment of £750 over the phone. Alternatively, we can provide our bank details if you would prefer to transfer the money electronically.



EASON OVERVIEV

Technical Training Technical Training

26th Jan 20 Aosta / Pla

BASI Snowboard Level 2

BASI Snowboard Level 2

2nd Feb 20 Aosta / Pla

> Teaching Week One

15th Dec 19 Aosta / Pila

BASI Snowboard Level 1

> 9th Feb 20 Aosta / Pla

22nd Dec 19

Technical Training

Aosta / Pla

16th Feb 20

Aosta / Pla

and Shadowing

Teaching Week Two

Technical Training and Shadowing

23rd Feb 20

Aosta / Pla

Teaching Week Three

29th Dec 19

Technical Training and Shadowing

Teaching Week Four

1st Mar 20 *A*osta / Pila

19th Jan 20 Aosta / Pla

Technical Training and Shadowing

Technical Training

and Shadowing

Five

3th Mar 20 Aosta / Pla

15th Mar 20 Aosta / Pla

Teaching Week

Teaching Week Six

22nd Mar 20 Aosta / Pla

Teaching Week Seven

29th Mar 20 Aosta / Pla

Teaching Week Eight









FOR THE TIME OF YOUR LIFE...

GET IN TOUCH NOW!



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