



# ISIA

WORK & TRAIN

 **interski**  
training academy





**Valle d'Aosta**  
**Vallée d'Aoste**



**CERVINO**  
CERVINIA — ZERMATT  
VALTOURNENCHE



mont blanc  
**COURMAYEUR** **LTH**  
LA THUILE  
Valle d'Aosta



**PILA**  
**SNOWLAND**  
VALLE D'AOSTA

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access to 22 resorts!

including

Courmayeur, Cervinia, Champuluc, La Thuile, Pila

# WELCOME TO YOUR NEW OFFICE

The Aosta Valley provides the workplace for Interski's ISIA seasonal work and train programme. A selection of some of Europe's most famous and prestigious resorts will be your playground for the winter. Lying in the western alps it's known for the iconic snow capped peaks, The Matterhorn, Mont Blanc, Monte Rosa and Gran Paradiso. There's no better place to train!

# COURSE STRUCTURE



## Week 1

The course starts with a week's technical training in Courmayeur. This will be delivered by a BASI L4 or national equivalent. The week will run from 09:30 to 16:00 Monday through to Friday

## Week 2

This week will be all about Off Piste Mountain Safety and navigation in preparation for the Exam in Chamonix the following week

## Week 3

Off piste Mountain Safety Exam / Chamonix. This is your chance to put your newly learnt skills to the test, literally! We can supply you with a Mont Blanc Tunnel pass at cost so you can travel through to Chamonix each day. The travel time is roughly 30 mins. Alternatively, if you decide the exam is not for you just yet, we can organise a week's teaching in Courmayeur

## Week 4

A further week of technical training. The week will run from 09:30 to 16:00 Monday through to Friday

## Week 5 - 7

February is here and it's the opportunity to take on three weeks work, with the live out allowance you can earn back €840 in this short period working for the Interski Snowsport School

## Week 8 - 9

The final two weeks of technical training before the L3 Technical and Teaching exam! The weeks will run from 09:30 to 16:00 Monday through to Friday

## Week 10

Your opportunity to sit the BASI L3 technical course in Courmayeur

## Week 11

Your opportunity to sit the BASI L3 teaching course in Courmayeur

## Week 12

Your opportunity to sit the BASI Adaptive L1 course in Pila and complete your 2nd discipline.

## Week 13 - 16

The final 4 weeks of the course provide you with the opportunity to work for the Interski Snowsports School.



up to 225 training hours

up to 210 teaching hours

guaranteed work

We wanted to include as much as possible whilst trying not to overcomplicate and dilute the process. We have therefore decided to concentrate the training programme on the toughest of the BASI L3 ISIA modules.

£4,999

**WHAT'S  
INCLUDED?**

Up to 225 Training hours with BASI ISTD /BASI Trainer - Training towards the BASI L3 Technical, Teaching, off-piste Mountain Safety exam • Seasonal lift pass for the Aosta Valley • Up to 8 weeks paid teaching • Course duration up to 16 weeks • 77 nights self catering accommodation • 1 evening meal per week for 7 weeks • Use of Interski ski hire in Courmayeur for skis & boots • Resort Rescue service • Help & support from the Interski network throughout

abta bonded guaranteed working weeks atol holder

## WHY INTERSKI?

With more than one ISIA Training Programme on the market, choosing the right provider is not an easy task. So why choose Interski? What makes Interski better than the rest?

We have over 30 years experience in the Aosta Valley, and we are a privately owned company. We are financially secure with ABTA bonding and are an ATOL holder. We understand the financial commitment you are making and we want you to know you're totally protected with us.

Our resort infrastructure is second to none; we can provide you with the necessary support to help you have the season of a lifetime. The course will be fun, you will learn massive amounts and we can provide all you need to make it a success.

One of our biggest selling points is that whilst you are training, we can guarantee you teaching work with the Interski Snowsport School, which fits around the training programme. How many of our competitors can say the same? We'll let you find out... So while you are training throughout the season, you also have the opportunity to start earning too. The bank manager will be happy to hear this!

We have chosen Courmayeur as the course base for many reasons - the brilliant average seasonal snow fall, the modern lift system, the variety of terrain, quiet slopes plus much more. We believe it is the perfect training venue!

current basi technical  
and teaching trainers

off-piste  
mountain safety training



# TECHNICAL TRAINING

The technical training team is made up from BASI L4 ISTDs and current BASI Trainers, who are BASI L3 technical and teaching assessors. You will therefore have a wealth of experience and knowledge to call upon.

The technical training weeks will run Monday to Friday, with an 09:30 start, skiing through until 16:00, with around 1 hour for lunch. The weeks will be challenging mentally and physically. However, your all round progress and understanding will develop rapidly!

Training throughout the course will cover all the necessary technical assessment areas - piste performance, variables, bumps and steeps. We have also included a week of off-piste mountain safety training.

The mountain safety training will follow the same format as the technical training weeks. You will be out with your trainer Monday – Friday for full days. You will cover areas including snow and avalanche risk assessment, off-piste skiing, technique, equipment used for touring and off-piste travel, map reading, navigation and route selection.



## NIGHTLIFE

**NO ONE LOOKS BACK ON THEIR LIFE  
AND REMEMBERS THE NIGHTS THEY  
GOT PLENTY OF SLEEP!**

**'All work and no play makes Jack a dull boy,' goes the old proverb and we couldn't agree more! If you're working hard during the day, it's good to unwind and relax in the evening.**

Courmayeur boasts quite an array of stylish bars and restaurants, all appealing to different tastes. From classy à la carte eateries to simple snack bars, there is something to suit your appetite. Or if you're looking for a few drinks, there is everything you could want - traditional continental style cafés, to lively bars and nightclubs... and everything in between!

courmayeur, champuluc

cervinia, pila

la thuile

# 22 RESORTS, 1 VALLEY

## Courmayeur, Italy

Courmayeur is one of the world's top ski resorts, this is where a majority of your training & exams will take place. It sits on the Italian side of Mont Blanc, western Europe's highest mountain, which it shares with Chamonix on the French side. The scenery is spectacular and the skiing varied. The Freeride World Tour stops at Courmayeur each year and only adds to the resort's kudos. You have a season lift pass for the Aosta Valley which not only covers Courmayeur but also covers Champoluc, Cervinia, Pila, La Thuile, La Rosiere (in France) and many more. In addition the Aosta Valley pass also covers unlimited use of the SkyWay lift!



# ACCOMMODATION

## HOME SWEET HOME

The self catered accommodation for the course is located in Palleusieux, a short five minute drive (3.5km) from Courmayeur centre. There is also a conveniently located bus stop with regular shuttles to the centre.

The apartment is modern, boasts two twin bedrooms, bathroom, modern kitchen, lounge, Wi-Fi and 1 car parking space. With views looking at Monte Bianco, we're confident you'll feel right at home at this brilliantly located apartment.



# FREQUENTLY ASKED QUESTIONS

## HOW CAN YOU OFFER THE COURSE SO MUCH CHEAPER THAN THE OTHER COMPANIES?

We are the biggest UK tour operator in the Aosta Valley. We pass on to you the benefit of our bulk purchasing power and existing infrastructure in resort.

## IS YOUR TRAINING RUN BY L4 ISTD'S?

Yes, our training weeks are run by minimum BASI L4 ISTD coaches/national equivalent.

## ARE YOU A BASI EUROPEAN BUSINESS PARTNER?

Yes, we are one of a select group of companies to be granted this status by BASI.

## DO YOU INCLUDE WINTER SPORTS INSURANCE?

We don't offer winter sports insurance for this particular course.

## DO I HAVE ANY TIME OFF DURING THE COURSE?

Weekends are free, unless you're working for the Interski Snowsport School.

## WILL I BE PAID FOR THE WEEKS I TEACH FOR THE INTERSKI SNOWSPORT SCHOOL?

Of course. You will be provided with exactly the same package as other instructors. The more weeks you work, the more money you will earn!

## IS A SEASON LIFT PASS INCLUDED?

Yes! An Aosta Valley ski pass is included. Covering up to 22 resorts, including Cervinia, La Thuile, La Rosiere (in France), Pila and Champuluc. The ski pass also includes unlimited use of the SkyWay lift in Courmayeur.

## ARE BASI COURSE FEES INCLUDED WITHIN THE PROGRAMME?

The course fees are deliberately not included to allow greater flexibility to the programme.

## IS LUNCH INCLUDED?

No, lunch is not included. However, we can supply lunch vouchers at an additional cost, which can be used at a number of mountain restaurants.

## HOW FAR IS THE APARTMENT FROM COURMAYEUR?

A short five minute drive (3.5km) from Courmayeur centre. There is also a conveniently located bus stop with regular shuttles to the centre of Courmayeur.

## IS THERE A SECURITY DEPOSIT FOR THE APARTMENT?

Yes. Due to the apartment cost, we have to take a €250 deposit per person.

## IS THE APARTMENT CLEANED?

The apartment is cleaned twice weekly and bedding changed weekly.

## IS PARKING AVAILABLE AT THE APARTMENT?

There is space for one car at the apartment. Alternative parking is available near by.

## DOES THE PACKAGE INCLUDE FOOD?

The package is self-catering with one evening meal provided per week in a nearby restaurant in Courmayeur.

## IS TRANSPORT PROVIDED?

Transport to and from resort is not included. We can provide transfers to and from Geneva/Turin at an additional cost.

## WHERE CAN I STORE MY SKIS?

Storage is provided out of the Interski Ski Hire in Courmayeur, on the mountain.

## WHAT'S NOT INCLUDED?

Whilst in Courmayeur, transport to and from the slopes - Lunch - Winter sports insurance - Any travel to and from the resort - BASI course fees - Ski touring equipment hire - flights



# SEASON OVERVIEW

WEEK 01

5<sup>th</sup> Jan 20  
Courmayeur

Technical Training

WEEK 02

12<sup>th</sup> Jan 20  
Courmayeur

Off Piste Mountain  
Safety Training

WEEK 03

19<sup>th</sup> Jan 20  
Courmayeur /  
Chamonix

Mountain Safety  
Exam (or teaching week)

WEEK 04

26<sup>th</sup> Jan 20  
Courmayeur

Technical Training

WEEK 05

2<sup>nd</sup> Feb 20  
Courmayeur

Teaching Week

WEEK 06

9<sup>th</sup> Feb 20  
Courmayeur

Teaching Week

WEEK 07

16<sup>th</sup> Feb 20  
Courmayeur

Teaching Week

WEEK 08

23<sup>rd</sup> Feb 20  
Courmayeur

Technical Training

WEEK 09

1<sup>st</sup> Mar 20  
Courmayeur

Technical Training

WEEK 10

8<sup>th</sup> Mar 20  
Courmayeur

BASI L3 Technical  
Exam (Not included in course fee)

WEEK 11

16<sup>th</sup> Mar 20  
Courmayeur

BASI L3 Teaching  
Exam (Not included in course fee)

Information

Friday 20<sup>th</sup> March is the  
last night of paid  
accommodation

WEEK 12

22<sup>nd</sup> Mar 20  
Pila

Adaptive L1  
or teaching week  
(Not included in course fee)

WEEK 13

29<sup>th</sup> March 20  
Pila / Courmayeur /  
La Thuile

Teaching Week

WEEK 14

5<sup>th</sup> Apr 20  
Pila / Courmayeur /  
La Thuile

Teaching Week

WEEK 15

12<sup>th</sup> Apr 20  
Pila / Courmayeur /  
La Thuile

Teaching Week

TWENTY TWO RESORTS  
ONE VALLEY  
GREAT SUPPORT  
SUPERB VALUE



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