



# interiski

SCHOOLS & COLLEGES



# PARTY LEADER HANDBOOK



WINTER 2024/25



# CONTENTS

4	Party Leader Checklist	14	Arrival in Resort
8	Insurance	16	Ski School
10	Passports & Travel Documents	18	Your Week
11	What To Take	18	Dietary Needs
12	Travel	19	Itinerary

All information contained within this booklet is correct, to the best of our knowledge, at the time of publication. The information is intended as a guide only.



# PARTY LEADER CHECKLIST

Now that you've paid your deposits, have you...

## ORGANISED A PAYMENT SCHEDULE?

We recommend that you have a payment schedule in place for students to ensure payments are kept up to date. **Interim deposits are due 8 weeks after your initial deposits have been paid and the final balance payment is due no later than 10 weeks prior to departure.**

## DOWNLOADED AND READ THROUGH THE INSURANCE INFORMATION?

You will need to download all the information available in the Launch Area of the Client Booking Portal. There are important documents stored here, such as the Booking Terms and Conditions and Insurance Policy, that you will need to circulate to all passengers.

## ORGANISED YOUR PARENTS' INFORMATION EVENING?

Have you decided upon a date for the parents' information evening and made arrangements with us for all your ski clothing requirements? We are happy to send along sample ski suits and accessory packs from our Rentals department. Contact us to help make arrangements.

## STARTED TO FILL IN THE REQUIRED PASSENGER INFORMATION ON OUR CLIENT BOOKING PORTAL?

Along with your final balance payment, we also require you to submit your passenger information. To make this easier for you, in your Client Booking Portal you will find a weblink, unique to your booking. At the earliest opportunity, you should share this link with all parents of students and any other passengers on your trip to allow them to provide all the necessary information we require. **We require this information no later than 10 weeks before you travel.**

**For insurance reasons, all the passenger information must be provided either by yourself as the named party leader, or directly from parents using the weblink. The information cannot be entered by a member of our staff.**

## COMPLETED ANY NECESSARY LEA PAPERWORK?

You may need to check with your LEA or governing body whether they require any information regarding the trip. Our 'Safety Management' guidelines, are designed to help you complete any such exercise required by the school governors or your LEA. You can find this document in the 'Launch Pack' section of your login area.

We are a fully assured member of the School Travel Forum (STF) and hold a Learning Outside the Classroom (LOtC) quality badge.

## INFORMED US OF ANY CHANGES TO YOUR GROUP SIZE?

Please inform us at your earliest convenience of any changes to your group. Not only does this enable us to provide you with an accurate final invoice, but it also means that the correct number of coach seats and hotel spaces are reserved.

## ARRANGED SKI CLOTHING AND ACCESSORIES?

It's important that your group are properly kitted-out for their week on the slopes. Our Rentals department offers a range of rental ski clothing which is ideal for first time beginners and intermediates. In addition, we also sell all the essential ski accessories that students will need.

For more information please visit [interski.co.uk/Rental](https://interski.co.uk/Rental) or email us at [rental@interski.co.uk](mailto:rental@interski.co.uk).

## TOLD US ABOUT ANY SNOWBOARDERS?

Although we can cater for snowboarders, it's slightly more difficult to deliver and so we've introduced some specific criteria to ensure we can do this efficiently.

This information is covered in the provisional booking letter and terms and conditions. However, if you've not already discussed snowboarding with us, please give us a call so we can talk this through in more detail.

## Travelling by Air?



### COLLECTED THE NECESSARY ADVANCED PASSPORT INFORMATION FROM ALL PASSENGERS?

This is a legal requirement for all international flights to/from the UK. The information required is as follows:

- Full name (as it appears on the passport)
- Date of birth
- Passport number
- Country where the passport was issued
- Passport expiry date
- Nationality

The above information should be collected from parents by sharing your unique weblink, available in the Client Booking Portal.

### ARRANGED TRANSPORT TO THE AIRPORT ON DEPARTURE DAY?

Have you arranged return transfers to/from your UK departure airport?

We will provide continental airport transfers, but it is your responsibility to arrange how passengers get to/from your UK departure airport.

Anything specific to air travel will be in a blue box like this.

# PARTY LEADER CHECKLIST





# PARTY LEADER CHECKLIST

Three Weeks until Departure, have you...

## OBTAINED A PARENTAL CONSENT FORM FOR EACH CHILD TRAVELLING?

In the event of a pupil needing treatment at a hospital, a member of school staff **MUST** be present to sign any consent forms, on behalf of parents. Please ensure you obtain an appropriate consent form from parents/guardians to allow you to do this. The hospital will most likely also need to see parental consent forms **PRIOR** to treatment.

These forms should be brought out to resort and kept together and available at all times. We suggest you take two copies and keep one on your person at all times. An additional copy should be kept with the pupil in their jacket, alongside their GHIC (or EHIC) card and lift pass.

## MADE PROVISION FOR ANY SMALL MEDICAL PAYMENTS?

Should medical assistance be needed in resort, payments for minor treatments may need to be made directly to the medical centres, prior to treatment, and reclaimed via insurance. Please make sure you make provision for this and also for the possibility that it may be required for more than one student.

Ensure you request and retain receipts as these will be required for any insurance claims.

## INFORMED PARENTS OF TRAVEL TIMES / CONTACT DETAILS?

Have you informed parents of departure and return times, school emergency contact name and phone number?

## PROVIDED EMERGENCY CONTACT NUMBERS?

Have you completed a list of emergency contact numbers for all people travelling? Remember to leave a copy with the school/college senior management. May we suggest that you also leave our head office number with the school - 01623 456333.

The Interski emergency telephone number found on your final itinerary is for the **SOLE** use of the party leader, on both departure and return days. If parents require updated information, please ask them to contact a school based number.

## MADE A TELEPHONE PYRAMID OR CONTACT GROUP?

Have you arranged a telephone pyramid or digital contact group to pass on information quickly, particularly for emergencies, and for an estimated time of arrival on your return journey?

## DISCUSSED POCKET MONEY?

Have you given recommendations to your group with regard to how many Euros they should take? We generally recommend between €50-€100 to cover souvenirs and incidentals.

## PROVIDED US WITH A LIST OF WHO IS GOING INTO EACH ROOM?

It will speed up your check-in process if the hotel already has this information. This information is entered through the Client Booking Portal.

## GOT ANY GCSE AND/OR A-LEVEL ASSESSMENT FILMING REQUIREMENTS?

Where possible, we are happy to facilitate the filming of GCSE and A-Level students. **This is subject to advance notice AND slope availability** (if there is a charge for the piste rental this will be at the cost of the school). Please bring the student's assessment criteria and a suitable device for recording the assessment.

Please note we are not able to provide analysis for their assessment, as this should be in conjunction with the examination board syllabus.

## CONSIDERED YOUR APRÈS-SKI AND SKI SCHOOL GROUPINGS?

Ahead of your arrival, you will be contacted by our Resort Team in regards to your après-ski programme and Snowsports school groupings. The email detailing the planned programme and groupings will require your viewing and completion.



# INSURANCE

## General insurance information, where insurance is included as part of your package

A copy of your Travel Insurance Policy, and other associated documents, are available to download from the Client Booking Portal.

It is essential that each student and their family are made aware of the cover that exists, provided with a copy of the full policy and IPID and is also reminded of the need to provide the party leader with an GHIC (or EHIC) Card (see below). Parents also need to be notified that damage to hotel fixtures and fittings, through negligence or misuse, is unlikely to be covered by insurance. All hired equipment is covered by insurance for accidental damage and loss, but, not in the event of wilful damage, misuse or negligence.

Any questions regarding insurance should be directed to the insurance helpline.

- Should medical assistance be needed in resort, for smaller sums, you may need to pay in advance for treatment and reclaim from the insurer.
- All students and their families should be made aware of the cover.
- Please be aware that decisions on repatriation are made by treating doctors in resort and the insurers, not by party leaders or ourselves.
- Any loss or damage to belongings will need a report form to assist any claims. You must ask a member of our staff before departing resort.

## Policy excess

Where an excess payment is required by the policy, as the party leader, in most cases you should be able to consent for the assistance company to send an invoice directly to the school to pay. The school can then internally contact parents for reimbursement. This approach ensures you are not distracted from dealing with the matter in hand.

Please check the policy documents for details of the excess.

## Where insurance is **not** included as part of your package

If you are not using the inclusive policy provided by us, you will need to speak with your own insurer to understand the cover provided. We still recommend you ensure all members of the party have access to the policy documents.

It is a condition of the booking terms and conditions that you have an adequate insurance policy in place for all travellers.

## Cancellation

Please refer to our booking conditions for full details of applicable cancellation charges, depending on when the cancellation occurs.

- If cancellation is due to illness, the passenger must see a doctor immediately as insurers will require confirmation from the doctor that cancellation is necessary. Insurers will most likely require their own medical certificate to be completed, so please advise parents to ask the doctor to note on their records that cancellation is necessary.
- If due to illness of passenger, or the need to cancel is due to illness of a relative, the Party Leader must immediately be advised in writing. If writing a letter, parents must date their correspondence and retain a copy as proof.
- As Party Leader, unless you know you can replace that person with another traveller, **you must immediately advise us in writing** of the cancellation. At this point we will issue you with a cancellation invoice. Please note, the cancellation charge will depend on when we receive written notice – for the avoidance of doubt, ‘written’ includes email.
- The parents should contact the insurers at their earliest convenience to start a claim, if necessary. We will gladly provide any information requested by the insurers that will assist in the claim progressing, but we cannot make a claim on their behalf.

## Additional points to note

- Please remember to obtain receipts for any costs you incur in resort which may form part of any insurance claim
- We are aware that some schools/colleges have their own insurance policies relating to trips, however, we always recommend that groups use our inclusive insurance
- Under FCA rules, we are unable to answer any questions regarding insurance matters. If you or any of your group have any queries, these must be posed directly to the insurance company

## Reciprocal Health Agreement - GHIC (or EHIC)

All individuals will be expected to have their own Global Health Insurance Card (GHIC) which may assist in the event of medical treatment being required. The easiest way to obtain a GHIC card is through the UK government website.

The production of these cards in most countries – should the need arise – will prevent parents receiving invoices from hospitals. If you or a parent receives an invoice for treatment abroad when you are back in the UK, you should refer this to the insurers.

A GHIC card is not required in Andorra.



## Snowcare Insurance

Most ski areas operate a resort specific insurance to cover for medical treatments for injuries incurred on the slopes, which can be purchased at the same time as your lift passes. Prices start from approximately €3pp per day (resort depending) and must be purchased by the group as a whole.

Although not obligatory, the advantage of purchasing Snowcare is that it saves having to pay for any treatments, including slope rescue, and make an insurance claim retrospectively. If you would like to add this to your booking, please speak to us for more information.

Please note that if you have travel insurance included as part of your package, Snowcare may not be necessary. Costs vary between resorts. Please ask for more information.





# PASSPORTS AND TRAVEL DOCUMENTS

All passengers will need to travel under their own passport. When entering the EU, passports must be valid for at least 3 months AFTER the day you return home and must have been issued within the last 10 years, starting from the day you travel. UK passport holders can only spend 90 days in 180 in the EU without a visa. Holders of passports from other countries may be subject to different criteria.

Please note, this information is intended as a guide only and you must do your own research by contacting the relevant embassies.

## ID Cards

Many European countries use them as a travel document to exercise the right of free movement in the European Economic Area (EEA) and Switzerland. Therefore, you may find that students from outside the UK will provide you with a national ID card rather than a passport.

## Students from outside the UK or EU

If you have any students who are from outside the UK or EU, you should contact the relevant embassies for information about travel.

Whilst we may be able to provide advice, please note, it is the ultimate responsibility of the school party leader to ensure any non-UK passport holders are eligible to travel.

## EU Entry/Exit System (EES)

The EU Entry/Exit system is a new electronic system that will replace the physical stamping of passports when you go through passport control when arriving in and departing from your destination. It will register all entries and exits to and from the participating European countries, which basically means it will register your movements every time you cross a border in or out of the EU/Schengen area.

Once the new system is live, when you go through passport control on your arrival to, and departure from your destination, as well as providing your passport you will also need to have a photo of your face taken, and your fingerprints scanned.

The EES is due to be introduced in the Autumn of 2024, however an exact date is still to be confirmed. The information provided to date by the UK Government and the EU is very vague in terms of specific details, which are not available at the time of bringing this document to publication. Please monitor the Downloads section of our website, which is regularly updated, for further information.

# WHAT TO TAKE

You will find below a summary of items that we would strongly recommend you take with you on your trip. The weather in the mountains can be very changeable and you need to be prepared for both very cold and very warm weather.

**Ski Jacket** – This should be windproof and waterproof.

**Ski Trousers** – These should be warm, water-resistant with inner cuffs on leg bottoms. Jeans or track suit trousers are not suitable!

**Base Layer** – Fleece/thermal/skins. Tight fitting, not cotton as it captures moisture. Multiple layers are best.

**Hat** - Large enough to cover your ears and not too tight. Wool/acrylic mix is suitable for being warm, lightweight and water-resistant. Should always be carried on the slopes.

**Ski Helmet** - All ski schools insist that helmets are worn by all participants during lessons and in addition it is also a legal requirement in some countries. Helmets are included on all of our ski trips.

**Ski Gloves** – Gloves should be windproof and waterproof. Must be worn at all times, even on warmer days. Mitts are preferable for beginners or young children. Woollen gloves are not suitable.

**Ski Socks** – At least two pairs.

**Ski Goggles & Sunglasses** – Absolutely essential both on good and bad weather days. These should be worn at all times. Goggles are more suitable for children than glasses as they are less liable to breakage and loss.

**Walking Boots / Strong Trainers** – You may need to walk to ski hire through snow or wet conditions so you will need footwear that will keep your feet dry

**Small Rucksack** – Useful for carrying your items around (not to be used whilst on the slopes).

**High Factor Suncream & Lipsalve** – These should be worn every day and reapplied as necessary. You can burn on the mountain even on a cloudy day.

Visit [interski.co.uk/Rental](https://interski.co.uk/Rental) for our ski jacket, ski trousers and helmet rental as well as competitively priced ski accessories.

Please pay particular attention to our sizing guides (available on our website) when ordering ski clothing for your students. If a student exceeds the largest size please contact us prior to travelling to confirm if we have any suitably sized garments in resort. This will save embarrassment upon arrival in resort if adequate provision cannot be made.

Après-ski clothing should be warm and casual. Footwear should be sensible and comfortable. You might also like to take a swimming costume and swimming cap (may be compulsory in some countries). Towels are provided in all hotels, but rarely tend to be the fluffy ones we're used to in the UK, so you may wish to take a bath towel with you.

## Powerpoint Presentation

We have a specially created powerpoint presentation to help you educate your group on what they will need to take. A copy of your powerpoint presentation can be found in the Client Booking Portal.

# WHAT TO TAKE



# TRAVEL BY COACH

## Itinerary

A provisional itinerary is available from within the Client Booking Portal – please be aware this is subject to change and should be used as a guide only until finalised. You will receive the definitive details approximately three weeks before departure. You will be allocated seat numbers to which we respectfully ask you to adhere.

The majority of coaches we use have 49 seats. If your group is likely to exceed this number please contact us to discuss available options. Seats are allocated on a per passenger basis and so if you require additional seats to ensure staff are not seated with students, a cost will be incurred. Please note that all unused seats remain the property of Interski to use as we require.

Please note that, on shared vehicles, only films suitable for the youngest passengers on board should be shown and time restrictions will apply. Coaches are all 'executive' class and facilities may vary from vehicle to vehicle. Some vehicles are equipped with DVD players, whilst others will take USB sticks – please contact your coach operator directly for more details of your specific vehicle.

Party Leaders need to print and take two copies of the passenger list from the Client Booking Portal on the Interski website.

## Seating

If there are unallocated seats on your coach, **these remain at our disposal**. You will note that, where possible, seats 1 + 2 will be allocated to the drivers (this is primarily for use by the second driver through the night). We are grateful for your co-operation.

Our travel information gives a guide to the layout and seating plan of your executive coach. Please bear in mind this is a guide only, and actual seating layouts may vary from vehicle to vehicle.

Please ensure there is a responsible adult seated by any emergency exit doors. It is illegal in France for a minor to occupy exit seats and if stopped by the authorities, a fine can be imposed.

The majority of coaches we use have 49 seats. If your group is likely to exceed this figure please contact us to discuss the options available for the transportation of your group.

**Please note that all unused seats remain at our disposal unless by prior arrangement.**

## Luggage

Ski equipment can be bulky and baggage space is limited. Please emphasise to your group that each person's main piece of baggage should be no more than 75 x 38 x 38cm (0.11m<sup>3</sup> approx.) and that they should be selective when packing. Only one item of hand luggage per person is permitted on board.

## Seat Belts

All vehicles we use are fitted with lap seat belts as a minimum (most have 3 point belts) and it is a legal requirement that all coach passengers wear them. Please be aware that recent legislation clearly places responsibility with the Party Leader for ensuring that staff and students wear them at all times.

## Interski Staff Travel

You may find that your final itinerary shows Interski staff travelling with your group, in either one or both directions. This facility forms a crucial part of our operation. Seat numbers will be allocated to our staff but, if you would prefer them to be seated elsewhere on the coach, please contact us. We confirm that all staff and additional passengers have their attention drawn to the our travel conditions, hold a valid disclosure from DBS or Disclosure Scotland, have made a declaration with regard to suitability and are requested to observe all standards as laid down by the party leader.

For more information on our transport procedures, including risk assessments, please see our Safety Management Guidelines.

## Duty Officer / Emergency Contact

You will receive a final itinerary before you travel which will feature an emergency contact for Interski. This is who you should contact, in the event of an emergency, on both your outbound and inbound journeys. Please do not pass this number on to parents or students.

Once you arrive in resort, you will be given contact numbers for key members of our resort staff who you should contact during your stay in case of emergency.

# TRAVEL BY AIR

## Flight Information

We will have already sent you your flight information (dates, times and flight numbers) and an ATOL certificate.

Your flight pack which will include your check-in documents, overseas airport transfer information and emergency contact numbers, will be sent to you approximately 3 weeks prior to departure (provided you have given us your Advanced Passenger Information).

## Luggage

Please take note of the hand and hold luggage allowances given by your airline. Please advise us at the earliest possible opportunity if any passengers wish to take their own skis as this will need to be booked and paid for in advance.

Please note that if passengers arrive at the airport with their ski boots in a separate bag, they may be charged, even if they are intending to carry them as hand luggage.

## Seating

Your airline will automatically allocate you to specific seats once we complete your online check-in. You will see which seat numbers have been allocated once you receive your boarding passes as outlined in the travel section above. As a rule, the airline will group together passengers booked under the same reference number. Some airlines allow you to pre-book seats for a small fee.

## Continental Airport Transfers

Upon arrival at your destination airport (usually Turin, Milan Malpensa or Geneva if travelling to Italy and usually Barcelona or Toulouse if travelling to Andorra or Spain) where possible, you will be met by one of our representatives who will accompany your group on the transfer to resort. In some cases, our other clients or staff members/instructors will join you on the transfer. Therefore, your group may be required to wait in the airport for a short time while other passengers' incoming flights arrive. Your co-operation in this matter forms a crucial part of our operation. Coach transfers usually take around 2-3 hours depending on traffic/drop offs.

For more information on our transport procedures, including risk assessments, please see our Safety Management Guidelines.

## Duty Officer / Emergency Contact

Your flight pack will contain an emergency contact for Interski. This is who you should contact, in the event of an emergency, on both your outbound and inbound journeys. Please do not pass this number on to parents or students.

Once you arrive in resort, you will be given contact numbers for key members of our resort staff who you should contact during your stay in case of emergency.





# ARRIVAL IN RESORT

## Schools & Colleges Coordinator

Each of the hotels we use will have a Coordinator to look after the groups, the drivers and the activities for the week.

Their role goes far beyond that of the traditional idea of a resort 'Rep'. The Coordinator may be resident with you in the hotel and is your point of reference relating to all aspects of the ski trip. We ask you to liaise with them and the drivers about your timetable for the day-to-day routines and with regard to the overall programme. They are there to make your job as easy as possible, to join in the activities with you and, above all, to ensure our package not only meets, but surpasses, your expectations.

**Please note that our Schools & Colleges Coordinators are not there to act as supervisors and cannot be left solely responsible for individual students. As Party Leader, you are ALWAYS acting in loco-parentis.**

## Arrival day

On arrival at your hotel we strongly recommend that you and your colleagues carry out an inspection of the accommodation to establish if there are any concerns regarding the fixtures and fittings in the rooms. We provide a form to make a record of anything that you notice on arrival. A copy will be given to the party leader and the hotelier, as well as us. If you wish to run through the procedures for hotel evacuation (fire), then please ask the Co-ordinator to do this on your day of arrival. Please take advantage of this procedure.

**PLEASE BE AWARE THAT THERE ARE NO APRÈS-SKI ACTIVITIES PLANNED FOR THE EVENING OF ARRIVAL.**

There will be a welcome meeting for your group and any rental garments ordered in the UK will be distributed to students (Italy only).

## Arrival day ski fitting

In most cases we will aim to carry out ski fit on the day of arrival. This will be dependent on your arrival time, as some resorts require the gondola to be running to access ski hire facilities. In the event that your ski fit has to take place on the first day of skiing, we will aim to get you fitted as early as possible and any lost tuition time will be made up throughout the week.

Please remind your group members to pack a pair of ski socks in their hand luggage in the event that ski fit is carried out upon arrival. We also recommend that shoes and jacket suited to snow conditions and ski socks need to be readily available.

Rental jackets may not be available to those having booked this service until arrival at your hotel (Italy only).

## Après-ski in some destinations

The après-ski programme for some resorts may be more limited due to the inherent limitations of the resort and availability of activities and venues. We will endeavour to provide the best experience possible with the resources available, but this may mean more emphasis on 'in house' activities. Please contact us for more details.

## Residence Planibel in La Thuile

Accommodation for students and staff in La Thuile is based on apartments for four with full occupancy. Supplements may apply for any other sized apartments (subject to availability) or any additional accommodation not required by the student gender split.

## Bringing your own refreshments

Out of respect for our hoteliers, please refrain from distributing snacks and drinks to students in any of their communal areas. Whilst we appreciate you may wish to bring some of your own refreshments in order to keep the students hydrated and energised throughout the week, we would suggest that you hand these out on or outside the coach before entering your hotel. Please also be mindful of the fact there is limited luggage space on the coach.





# SKI SCHOOL

## Ski Tuition

Your tuition will be as per your agreed package, which is usually 24 hours\* over the course of your week. Please be aware, groups may be mixed with other schools, with the same ability level. We would ask you to ensure there is a member of staff available immediately prior to the morning session when agreements can be made for the final handover at the end of the day. We ask you to leave your mobile phone number prior to travel and remain contactable each day. This is to enable us to contact you in the event of any incident.

Skiing is a physically demanding sports which requires a good level of physical fitness. We assume that all students are able to be accommodated in standard tuition groups and will be able to make progress in line with that expected of the average skier.

## Tuition Group Sizes

Tuition groups for skiers are based on a ratio of up to 12 students with each instructor. If you're travelling to Italy, it's likely that should you not be able to form full groups of the same standard, skiers from other groups may be mixed in.

In Andorra and Spain, it is normal practice to allocate a number of instructors to your group, based on a maximum of 1:12. You should use this ratio to calculate the minimum number of instructors you're likely to have and arrange your ski groups based on this. As we use external ski schools more in these destinations, there is less scope to mix with other groups. Where there is a mixed ability within a tuition group, progress will only proceed as quickly as the slowest learner.

## Snowboarding

Snowboarding can be offered in all resorts for the payment of a supplement which reflects the higher equipment rental and the lower instructor ratios.

**However, there are some very strict rules that must be observed to make it viable. You must be able to create groups of between 6-8 snowboarders, all of whom are similar ability** and thereafter, further multiples following the same criteria. Please see section 8 of the Standard Booking Terms and Conditions for more information.

\* All resorts currently offer 24 hours except for Pal Arinsal in Andorra which offers 20 hours.

## Important: Students With Special Tuition Requirements

Please note that, in the absence of notification to the contrary, **we assume that all participants are able to be accommodated in standard tuition groups** and that they will be able to make progress in line with that expected of the average skier with no special tuition requirements.

We are able to offer tuition to students with additional needs. Please contact us to discuss your requirements at the provisional booking stage, as in some instances, we may need to recruit specialist instructors. 1 to 1 tuition is available at a supplement per instructor for a standard week, where necessary.

If we are not given sufficient notice of special requirements prior to the trip, supplementary costs will still apply where more personal tuition is deemed appropriate, but in some circumstances, it may be too late to make provision for this.

Any skiing outside lesson time is the responsibility of the party leader. Most local education authorities will only allow school children to ski outside lesson time under qualified supervision.

## Sickness and Injury

Supervision of injured and ill students is the direct responsibility of the teachers accompanying the group. We will endeavour to inform you as soon as we are made aware if a student becomes ill or is injured whilst skiing.

## Ski Helmets

All of the ski schools we work with require students to wear helmets whilst participating in lessons and in some countries it is actually a legal requirement.

Ski helmets are included with all of our packages.

## Under 7s

We are happy for you to bring children under the age of 7 on your ski trip. However, it is not always possible to provide tuition and equipment rental for them. This varies by destination so please contact us for more information.

In some resorts where facilities exist, we can help arrange childcare for children aged 2-6. Please contact us for more details.

## Responsibility and Supervision

Our Schools & Colleges Co-ordinators, as well as our other staff, are always on hand throughout your trip to provide help, assistance and support. **However, please remember you are in loco-parentis and have ultimate responsibility for your group AT ALL TIMES.**

## Ski Ability Levels

- 1 - Never put on a pair of skis or only a taster lesson.
- 2 - Confident to ski nursery slopes, using snowplough. Very limited experience.
- 3 - Confident to ski easy blue runs with a mix of ploughing and parallels but anxious on steep or icy sections.
- 4 - Confident to ski parallel on all blues at a reasonable speed and happy to ski reds, but anxious and has to pick route carefully when slope becomes steep or icy. Stuck on 'intermediate' plateau.
- 5 - Confident to ski parallel at a steady pace on all reds and easy blacks, but anxious on bumps or off piste. Would now like to tackle more demanding slopes.
- 6 - Confident to ski parallel at high speeds on reds and confidently tackle bumps on and off piste.

## Snowboard Ability Levels

- 1 - Never put on a snowboard or only as taster lesson at a dry slope.
- 2 - Heel and toe side slipping. 1 to 2 hour session on dry or artificial snow slope.
- 3 - Diagonal heel and toe side slipping. Controlled left to right movement (falling leaf).
- 4 - Basic turn on either heel or toe. Starting to link turns together on easy terrain.
- 5 - Confident basic turns on both heel and toe.
- 6 - Beginning or accomplished carve turns and higher end riding.

# SKI SCHOOL



# YOUR WEEK

## Typical daily itinerary

### MONDAY TO FRIDAY

- 07.00 Wake up call
- 07.30 Up, dressed, tidy room
- 07.45 Breakfast
- 08.15 Up to room, collect all you need for the day.  
Leave key at reception
- 08.30 Depart hotel
- 09.00 Collect equipment from ski hire
- 09.30 Get into your ski/board group and await your instructor
- 10.00 Ski and board lessons commence
- 12.00 Lunchtime, using your vouchers, supervised by your instructor
- 13.00 Lessons recommence
- 16.00 End of lessons for the day
- 16.15 Check your equipment back into your ski hire lockers
- 16.30 Possible shopping or exploring of resort
- 17.30 Return to hotel
- 17.45 Shower, change for the evening
- 18.30 Evening meal
- 19.45 Après-ski
- 22.00 Return to hotel and to bed
- 22.30 Lights out for a good night's sleep

A typical itinerary can also be found in your Client Booking Portal.

## Typical après-ski itinerary

- Sunday** Welcome meeting
- Monday** Karaoke or Quiz
- Tuesday** Pizza night
- Wednesday** Disco
- Thursday** 10-pin bowling
- Friday** Early evening departure

On arrival your après-ski will be re-confirmed by your Interski Co-ordinator. Every group will have two nights of set après-ski – a pizza evening at a local pizzeria and a presentation evening at the end of your stay (Italy only), when your instructors will come along to your hotel and hand out badges and certificates.

A full list of the possible après-ski activities can be found in the Client Booking Portal. Here you can also indicate your preferences, which will be taken into account when our resort team organise your programme.

**Unfortunately, we are unable to guarantee any activities.** Likewise, any changes you wish to make to your programme may be more easily accommodated if you email prior to departure as making changes may be difficult and may impact on other groups.

For more details on our après-ski programme, including risk assessments, please see our Safety Management Guidelines.

# DIETARY NEEDS

We appreciate that some passengers may have special dietary requirements and others may be fussy eaters.

You are welcome to bring your own food items should you wish (in a cool box on the coach) and your hotel will normally be happy to store any perishables in their fridge. Please speak to us.

We have various allergy translation cards available in French, Italian and Spanish – these can be downloaded from our website at [interski.co.uk/Downloads/Schools](https://interski.co.uk/Downloads/Schools) and are also available in the Client Booking Portal.

**It is imperative we're notified of any special dietary requirements.** Where requirements are complex or special, you may be required to bring items with you.

# ITINERARY

## Travelling by Coach

### DEPARTURE DAY FROM UK (USUALLY A SATURDAY)

- Depart from school (aim to arrive ½ hour before) – time dependant on location in the UK. Please consult your travel guidelines for exact times
- Evening ferry from Dover to Calais

### ARRIVAL

- Continental breakfast at French motorway service station
- Midday arrival in resort (ski fit and snack lunch).
- Mid-afternoon check in at hotel
- Evening welcome meeting with your Coordinator

## The Coach Home

### DEPART FOR HOME (USUALLY A FRIDAY)

- Vacate rooms after breakfast
- Return to hotel after ski lessons for shower and evening meal
- Depart hotel early evening

### ARRIVAL BACK IN THE UK (USUALLY A SATURDAY)

- Early morning ferry from Calais to Dover (hot breakfast included)
- Arrive back at school – time dependent on location in the UK

All timings are approximate and intended as a guide only.

## Travelling by Air



### DEPARTURE DAY FROM THE UK (USUALLY A SUNDAY)

- Depart from school (aim to arrive ½ hour before) – time dependant on location in the UK. Please consult your travel guidelines for exact times.

### ARRIVAL

- Midday arrival in resort (ski fit & snack lunch).
- Mid-afternoon check in at hotel.
- Evening welcome meeting with your Co-ordinator.

## The Flight Home

### DEPART FOR HOME (USUALLY A SATURDAY)

- Vacate rooms after breakfast
- Depart hotel late morning

### ARRIVAL BACK IN THE UK

- Early afternoon flight to your originating airport
- Meet parents at the airport or join school arranged transfer back to school

Please note, unless agreed, we are not responsible for providing any further meals following breakfast, nor are we responsible for providing any entertainment. If your flight is scheduled for later on the day of departure, please contact us if you would like some assistance in organising additional meals or entertainment packages.

All timings are approximate and intended as a guide only.







# PARTY LEADER HANDBOOK

WINTER 2024/25

## Get In Touch

[interski.co.uk/schools](https://interski.co.uk/schools)

[schools@interski.co.uk](mailto:schools@interski.co.uk)

01623 456333

Read our blog at [skiwiz.co.uk](https://skiwiz.co.uk)



[@InterskiSchools](https://www.instagram.com/InterskiSchools) / [@WeAreInterski](https://www.instagram.com/WeAreInterski)

## Opening Times

09.00 – 17.00 Monday to Friday (Summer)

08.15 – 17.15 Monday to Friday (Winter)



Interski Schools & Colleges, 8 Acorn Business Park,  
Commercial Gate, Mansfield NG18 1EX

