

# APPENDIX A - RISK ASSESSMENTS

## SKI RELATED RISK ASSESSMENTS

- » Skiing / Snowboarding
- » Use of Chairlifts
- » Use of Gondolas
- » Use of Draglifts
- » Use of Moving Walkways / Travelators

## APRES-SKI /GENERAL RISK ASSESSMENTS

- » Disco
- » Ice Skating
- » Snow Tubing / Bum Boarding
- » Swimming
- » Travel Between Venues On Foot
- » Travel Between Venues By Coach

# SKIING / SNOWBOARDING

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>➤ Falling whilst skiing or snowboarding</li> <li>➤ Collisions with other skiers and snowboarders or static objects</li> <li>➤ Becoming seperated from the rest of the group</li> <li>➤ Carrying ski/snowboard equipment</li> <li>➤ Physical exertion</li> <li>➤ Adverse weather</li> <li>➤ Excessive speed</li> </ul>	<ul style="list-style-type: none"> <li>➤ Group members</li> <li>➤ Interski staff</li> <li>➤ Members of the public</li> </ul>	<ul style="list-style-type: none"> <li>➤ Minor physical injuries such as, but not limited to, strains, bumps and bruises</li> <li>➤ Major physical injuries such as, but not limited to, broken bones and or damaged ligaments</li> <li>➤ Fatigue</li> <li>➤ Dehydration</li> <li>➤ Effects of cold, wind and precipitation</li> <li>➤ Snow blindness</li> </ul>	<p><b>High</b></p>	<ul style="list-style-type: none"> <li>✓ Ski/snowboard groups are devised based on individual abilities and instructors will only take students on pistes within their capability</li> <li>✓ All instructors used are fully licenced, qualified and experienced professionals</li> <li>✓ All instructors attend a meeting each day which includes a safety briefing with details of piste closures and weather reports</li> <li>✓ Students are evaluated each day by their instructor and changes to groups are made to take into account the speed of progression and ensure ability standards within groups remain equal</li> <li>✓ Students are constantly supervised by their instructor from collection to drop off</li> <li>✓ Students under the age of 14 are obliged to wear safety helmets by law</li> <li>✓ On collection of ski/snowboard equipment from the ski hire, instructions are given on how it should be correctly carried</li> <li>✓ Lessons will include time for students to take short frequent rests</li> <li>✓ Students are encouraged to drink plenty of fluids during the day and drink stops will be scheduled into the daily programme as required</li> </ul>	<p><b>Medium</b></p>

# SKIING / SNOWBOARDING (CONT'D)

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
(cont'd)	(cont'd)	(cont'd)	<b>High</b>	<ul style="list-style-type: none"> <li>✓ All students will be expected to wear clothing suitable to the weather conditions</li> <li>✓ Advice is given prior to the trip on appropriate clothing and equipment, including details about layering</li> <li>✓ Protection of eyes using suitable eyewear will be emphasised</li> <li>✓ Instructors will ensure students follow the speed set by the instructor at all times</li> </ul>	<b>Medium</b>

# USE OF CHAIRLIFTS

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>➤ Falling from the lift at either the embarking or terminating station</li> <li>➤ Falling from height</li> <li>➤ Falling or slipping on moving walkways whilst getting on the lift</li> <li>➤ Being struck by the chairlift</li> <li>➤ Colliding with the turnstile</li> </ul>	<ul style="list-style-type: none"> <li>➤ Group members</li> </ul>	<ul style="list-style-type: none"> <li>➤ Minor physical injuries such as, but not limited to, strains, bumps and bruises</li> <li>➤ Major physical injuries such as, but not limited to, broken bones and or damaged ligaments</li> </ul>	<p><b>High</b></p>	<ul style="list-style-type: none"> <li>✓ All lift systems are installed, operated and maintained in line with local and national rules and regulations</li> <li>✓ All chairlifts are fitted with safety bars which must be used at all times from the leaving the bottom lift station and should not be raised until the chairlift has safely arrived at the top station</li> <li>✓ Safety briefings and instructions will be given to all students prior to using chairlifts for the first time</li> <li>✓ Chairlifts are staffed by trained operators at all times who will assist younger and more novice skiers/snowboarders</li> <li>✓ Newer chairlifts are accessed on a moving walkway which brings the user to a speed similar to the moving chairlift</li> <li>✓ Lift operators on older chairlifts will manually reduce the speed of the chairlift for novice skiers/snowboarders</li> <li>✓ Students should approach lift entry points at a suitable speed, regarding the conditions and other skiers/snowboarders</li> <li>✓ Many chairlift entry points have purpose built barriers placed to ensure speed is reduced whilst approaching the lift</li> <li>✓ Students should never participate in any horseplay or tomfoolery whilst using chairlifts</li> </ul>	<p><b>Medium</b></p>

# USE OF GONDOLAS

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>➤ Falling under the gondola whilst boarding</li> <li>➤ Failing to get off the gondola at the terminating station</li> <li>➤ Panic attack induced by the enclosed space, heights or any other aspect of the gondola journey</li> <li>➤ Collisions with the turnstile</li> <li>➤ Being knocked or bumped by other people in the queue, or by their equipment</li> <li>➤ Slips, trips and falls</li> </ul>	<ul style="list-style-type: none"> <li>➤ Group members</li> </ul>	<ul style="list-style-type: none"> <li>➤ Minor physical injuries such as, but not limited to, strains, bumps and bruises</li> <li>➤ Major physical injuries such as, but not limited to, broken bones and or damaged ligaments</li> </ul>	<p><b>High</b></p>	<ul style="list-style-type: none"> <li>✓ Instructions will be given to students prior to using the gondola for the first time</li> <li>✓ Group members must stand well back from the edge whilst waiting for the gondola to arrive</li> <li>✓ On embarking and disembarking, group members should move quickly and carefully, avoiding hesitation</li> <li>✓ Anyone failing to disembark at the terminating station should remain calm and seated in the gondola and wait patiently either for the lift to be reversed or wait until you come all the way back round</li> <li>✓ Anyone with a history or phobia of heights or enclosed spaces should avoid using gondolas</li> <li>✓ Group members should be aware of other members in the queue, and be particularly aware of others carrying ski equipment and how it is being carried</li> <li>✓ Group members should use the turnstiles carefully, taking note of how they operate and anticipate the rotating motion of the turnstile as they pass through</li> <li>✓ Whilst walking through the gondola station, walk carefully keeping an eye out for steps, raised floor areas or other trip hazards</li> </ul>	<p><b>Low</b></p>

# USE OF DRAGLIFTS

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>➤ Being struck by the lift</li> <li>➤ Falling from the lift</li> <li>➤ Colliding with the turnstile</li> <li>➤ Colliding with other people on joining the queue</li> </ul>	<ul style="list-style-type: none"> <li>➤ Group members</li> <li>➤ Members of the public</li> </ul>	<ul style="list-style-type: none"> <li>➤ Minor physical injuries such as, but not limited to, strains, bumps and bruises</li> <li>➤ Major physical injuries such as, but not limited to, broken bones and or damaged ligaments</li> </ul>	<p><b>Medium</b></p>	<ul style="list-style-type: none"> <li>✓ Instructions will be given to students prior to using a draglift for the first time</li> <li>✓ Awareness is required at all times when using a draglift, particularly at the point of joining the lift</li> <li>✓ Anticipate a sharp pull by the lift as it first leaves the bottom station</li> <li>✓ The draglift should be held at all times</li> <li>✓ No horseplay and tomfoolery</li> <li>✓ Instructors should be the last to travel on the lift, so they can give assistance to anyone who falls off</li> <li>✓ Before embarking on the draglift a plan should be made in case any group members fall from the lift</li> <li>✓ Skiers and snowboarders should approach the lift station at a sensible speed, taking into account the conditions and size of the queue</li> <li>✓ Many draglift entry points have purpose built barriers placed to ensure speed is reduced whilst approaching the lift</li> <li>✓ Take care when passing through the turnstile, anticipating the rotating motion of the metal bars</li> </ul>	<p><b>Low</b></p>

# USE OF MOVING WALKWAYS / TRAVELATORS

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>&gt; Falling from the lift</li> <li>&gt; Colliding with the turnstile</li> <li>&gt; Colliding with other people on joining the queue</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Group members</li> <li>&gt; Members of the public</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Minor physical injuries such as, but not limited to, strains, bumps and bruises</li> <li>&gt; Major physical injuries such as, but not limited to, broken bones and or damaged ligaments</li> </ul>	<p><b>Medium</b></p>	<ul style="list-style-type: none"> <li>✓ Instructions will be given to students prior to using a moving walkway for the first time</li> <li>✓ Awareness is required at all times when using a moving walkway, particularly at the point of joining the lift</li> <li>✓ Anticipate a sharp pull by the lift as it first leaves the bottom station</li> <li>✓ No horseplay and tomfoolery</li> <li>✓ Instructors should be the last to travel on the lift, so they can give assistance to anyone who falls off</li> <li>✓ Before embarking on the walkway/ traveller a plan should be made in case any group members fall from the lift</li> <li>✓ Skiers and snowboarders should approach the lift station at a sensible speed, taking into account the conditions and size of the queue</li> <li>✓ Many walkway/traveller entry points have purpose built barriers placed to ensure speed is reduced whilst approaching the lift</li> <li>✓ Take care when passing through the turnstile, anticipating the rotating motion of the metal bars</li> </ul>	<p><b>Low</b></p>

# DISCO

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>➤ Loud music</li> <li>➤ Flashing lights (strobe lighting)</li> <li>➤ Dark areas</li> <li>➤ Busy dance floor</li> <li>➤ Slips and falls</li> <li>➤ Unruly behaviour</li> <li>➤ Licensed bar on premises – potential access to alcohol</li> </ul>	<ul style="list-style-type: none"> <li>➤ Group members</li> </ul>	<ul style="list-style-type: none"> <li>➤ Bruising or sprains from falls</li> <li>➤ Dizzy spells</li> <li>➤ Claustrophobia</li> <li>➤ Epileptic reaction to lighting</li> <li>➤ Not adhering to good etiquette</li> </ul>	<p><b>Medium</b></p>	<ul style="list-style-type: none"> <li>✓ Participants will be briefed by their Interski co-ordinator prior to the session regarding safety guidelines and good etiquette</li> <li>✓ Staff will check if any participants have issues with flashing lights or claustrophobia</li> <li>✓ Water and easy access to fresh air will be available at all times</li> <li>✓ Uniformed Interski staff will be present at all times, monitoring both inside and outside the premises</li> <li>✓ Interski resort rescue will be available if required</li> <li>✓ Staff will warn any unruly behaviour and have delegated powers to remove an offender from the remainder of the session</li> <li>✓ Bar monitored by staff at all times</li> <li>✓ Wristband policy implemented for sale of alcohol – only issued to participants aged 18 and over</li> <li>✓ Disco is exclusive to Interski staff and clients only</li> </ul>	<p><b>Low</b></p>



# ICE SKATING

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>&gt; Slips and falls</li> <li>&gt; Collisions</li> <li>&gt; Excessive speed</li> <li>&gt; Blades on ice skates</li> <li>&gt; Unruly behaviour</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Group members</li> <li>&gt; Members of the public</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Impact injuries from falls</li> <li>&gt; Impact injuries from collisions</li> <li>&gt; Not adhering to good etiquette</li> </ul>	<p><b>Medium</b></p>	<ul style="list-style-type: none"> <li>✓ Participants will be briefed by their Interski co-ordinator prior to the session regarding rink regulations and safety guidelines</li> <li>✓ Uniformed Interski staff will be present at all times</li> <li>✓ Staff will warn any unruly behaviour and have delegated powers to remove an offender from the remainder of the session</li> <li>✓ Interski resort rescue will be available if required</li> <li>✓ Any concerns noted during the session will be reported to the rink supervisor or duty manager</li> <li>✓ Interski staff will advise participants to dress appropriately – long sleeves, jacket fastened, gloves and helmets are recommended</li> </ul>	<p><b>Low</b></p>

# SNOW TUBING / BUM BOARDING

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>➤ Slips and falls</li> <li>➤ Collisions</li> <li>➤ Excessive speed</li> <li>➤ Unruly behaviour</li> <li>➤ Not adhering to venue rules and regulations</li> </ul>	<ul style="list-style-type: none"> <li>➤ Group members</li> </ul>	<ul style="list-style-type: none"> <li>➤ Impact injuries from falls</li> <li>➤ Impact injuries from collisions</li> <li>➤ Friction injuries from snow or ice</li> </ul>	<p><b>Low</b></p>	<ul style="list-style-type: none"> <li>✓ Participants will be briefed at the beginning of the session regarding regulations and safety guidelines</li> <li>✓ Uniformed Interski staff will be present at all times</li> <li>✓ Staff will warn any unruly behaviour and have delegated powers to remove an offender from the remainder of the session</li> <li>✓ Any concerns noted during the session will be reported to the tubing supervisor or duty manager</li> <li>✓ Interski staff will advise participants to dress appropriately – long sleeves, jacket fastened, gloves and soft shoes. Snow tubing and bum boarding will often take place straight after skiing</li> </ul>	<p><b>Low</b></p>

# SWIMMING

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>&gt; Changing room supervision</li> <li>&gt; Wet floors</li> <li>&gt; Swimming ability</li> <li>&gt; Depth of water</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Group members</li> <li>&gt; Members of the public</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Child protection</li> <li>&gt; Impact injuries from slips or falls on to hard floors</li> <li>&gt; Drowning</li> <li>&gt; Choking</li> <li>&gt; Panic attack</li> </ul>	<b>High</b>	<ul style="list-style-type: none"> <li>✓ Group teaching/supervisory staff members to monitor changing area</li> <li>✓ No running on poolside, changing area or any other place where the floors may be hazardous</li> <li>✓ Assessment of participants swimming ability prior to activity by group teaching/supervisory staff</li> <li>✓ Participants aware of how to enter/leave pool area safely</li> <li>✓ Participants aware not to enter pool without permission</li> <li>✓ All staff aware of participants medical requirements</li> <li>✓ Lifeguard on poolside</li> </ul>	<b>Medium</b>

nb Swimming pools in Italy require participants to wear swimming caps. Some provide these free of charge, but others will charge which is normally in the region of €3.5

# TRAVEL BETWEEN VENUES ON FOOT

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>➤ Icy/snowy paths and walkways</li> <li>➤ Sections of route without pavement</li> <li>➤ Darkness</li> <li>➤ Cold weather conditions</li> <li>➤ Traffic</li> <li>➤ General public</li> <li>➤ Unruly behaviour</li> <li>➤ Separation of participant from group</li> </ul>	<ul style="list-style-type: none"> <li>➤ Group members</li> <li>➤ Members of the public</li> </ul>	<ul style="list-style-type: none"> <li>➤ Slip, trip or fall</li> <li>➤ Minor/major injury</li> <li>➤ Hypothermia</li> <li>➤ Physical/verbal abuse</li> <li>➤ Getting lost</li> </ul>	<p><b>Medium</b></p>	<ul style="list-style-type: none"> <li>✓ Mobile phone must be carried by party leader</li> <li>✓ Any accompanying Interski staff will carry mobile phones</li> <li>✓ Ensure group behaviour and supervision is appropriate</li> <li>✓ Verbal warning of risks</li> <li>✓ Suitable footwear and clothing to be worn</li> <li>✓ No running</li> <li>✓ Staff to supervise road crossings</li> <li>✓ Party leader at front plus back marker at all times</li> <li>✓ Walk in single file if narrow paths</li> <li>✓ Consider cancelling activities in extreme bad weather</li> <li>✓ Regular head counts</li> <li>✓ Staff to be vigilant</li> <li>✓ Party leader provides guidelines to participants about what to do if separated</li> </ul>	<p><b>Low</b></p>

# TRAVEL BETWEEN VENUES BY COACH

What Are The Hazards?	Who Might Be Affected?	How Might They Be Affected?	Risk Rating (No Action)	Current Safety Measures	Risk Rating (With Action)
<ul style="list-style-type: none"> <li>&gt; Unruly Behaviour</li> <li>&gt; Disembarking coach onto icy/snowy conditions</li> <li>&gt; Separation of participant from group</li> <li>&gt; Road traffic accident</li> <li>&gt; Breakdown</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Group members</li> <li>&gt; Interski staff</li> <li>&gt; Coach drivers</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Slip, trip or fall</li> <li>&gt; Getting lost</li> <li>&gt; Minor injury</li> <li>&gt; Major injury</li> </ul>	<p><b>Medium</b></p>	<ul style="list-style-type: none"> <li>✓ Head count taken when participants leave/board transport</li> <li>✓ Ensure group behaviour and supervision is appropriate</li> <li>✓ Seat belts must be worn by everyone on the coach when the vehicle is in motion</li> <li>✓ Encourage safe practice</li> <li>✓ Party leaders to be seated around the coach to ensure adequate supervision</li> <li>✓ Ensure participants do not distract the driver when the vehicle is in motion</li> <li>✓ Ensure participants safely disembark the coach</li> </ul> <p><b>Accident / Breakdown - Not Serious</b></p> <ul style="list-style-type: none"> <li>✓ Keep participants secure by remaining on coach if it is safe to do so</li> <li>✓ If not, move participants to a safe location protected from oncoming traffic</li> <li>✓ When moving follow the highway code and ensure group leaders supervise participants</li> </ul> <p><b>Accident / Breakdown - More Serious</b></p> <ul style="list-style-type: none"> <li>✓ Move those able to walk from the scene of the accident keeping them safe throughout</li> <li>✓ Deal with casualties as best as possible until the emergency services arrive</li> </ul>	<p><b>Low</b></p>